

Electronic Supplementary Material

ESM 3. Frequency of consumption of certain foods and beverages within the last 12 month in this cohort

	Intermittent claudication		Chronic limb-threatening ischaemia		Total
	Men	Women	Men	Women	
Number of patients, n	129	60	89	41	319
Fruits					
Rarely or never, n (%)	18 (14.0)	7 (11.7)	5 (5.6)	5 (12.2)	35 (11.0)
Once or twice a week, n (%)	26 (20.2)	9 (15.0)	18 (20.3)	6 (14.6)	59 (18.5)
Three to six times a week, n (%)	30 (23.3)	14 (23.4)	27 (30.3)	7 (17.1)	78 (24.5)
At least once a day, n (%)	55 (42.7)	30 (50.1)	39 (43.8)	23 (56.1)	147 (46.1)
Vegetables					
Rarely or never, n (%)	5 (3.9)	2 (3.3)	1 (1.1)	4 (9.8)	12 (3.8)
Once or twice a week, n (%)	26 (20.2)	4 (6.7)	27 (30.4)	5 (12.2)	62 (19.5)
Three to six times a week, n (%)	56 (43.4)	31 (51.6)	35 (39.4)	11 (26.8)	133 (41.6)
At least once a day, n (%)	41 (31.8)	23 (38.3)	24 (26.9)	21 (51.2)	109 (34.2)
No answer/I don't know, n (%)	1 (0.8)	0 (0)	2 (2.2)	0 (0)	3 (0.9)
Legumes					
Rarely or never, n (%)	51 (39.5)	27 (45.0)	30 (33.7)	17 (41.5)	125 (39.2)
Once or twice a week, n (%)	69 (53.5)	32 (53.3)	49 (55.0)	22 (53.6)	172 (53.9)
Three to six times a week, n (%)	9 (7.0)	1 (1.7)	9 (10.1)	1 (2.4)	20 (9.3)
No answer/I don't know, n (%)	0 (0)	0 (0)	1 (1.1)	1 (2.4)	2 (0.6)
Cereals					
Rarely or never, n (%)	1 (0.8)	1 (1.7)	2 (2.2)	0 (0)	4 (1.3)
Once or twice a week, n (%)	2 (1.6)	2 (3.3)	4 (4.4)	1 (2.4)	9 (2.8)
Three to six times a week, n (%)	16 (12.4)	5 (8.4)	14 (15.8)	3 (7.3)	38 (11.9)
At least once a day, n (%)	110 (84.2)	52 (86.7)	68 (76.5)	38 (90.4)	247 (83.8)
No answer/I don't know, n (%)	0 (0)	0 (0)	1 (1.1)	0 (0)	1 (0.3)
Fish					
Rarely or never, n (%)	31 (24.0)	23 (38.3)	25 (28.1)	8 (19.5)	87 (27.3)
Once or twice a week, n (%)	87 (67.5)	33 (55.0)	54 (60.7)	32 (75.0)	206 (64.6)
Three to six times a week, n (%)	7 (5.5)	3 (5.0)	8 (9.0)	1 (2.4)	19 (6.0)
At least once a day, n (%)	3 (2.4)	1 (1.7)	0 (0)	0 (0)	4 (1.2)
No answer/I don't know, n (%)	1 (0.8)	1 (1.6)	2 (2.2)	0 (0)	3 (0.9)
Red meat					
Rarely or never, n (%)	11 (8.5)	7 (11.7)	9 (10.1)	8 (19.5)	35 (11.0)
Once or twice a week, n (%)	27 (21.0)	23 (38.4)	17 (19.1)	12 (29.2)	79 (24.8)
Three to six times a week, n (%)	46 (35.7)	19 (31.7)	26 (29.2)	12 (29.3)	103 (32.2)
At least once a day, n (%)	44 (34.2)	11 (18.3)	36 (40.4)	9 (21.9)	100 (31.4)
No answer/I don't know, n (%)	1 (0.8)	0 (0)	1 (1.1)	0 (0)	2 (0.6)
Poultry					
Rarely or never, n (%)	34 (26.4)	19 (31.7)	20 (22.5)	10 (24.4)	83 (26.0)
Once or twice a week, n (%)	60 (46.5)	33 (55.0)	45 (50.6)	23 (56.1)	161 (50.5)
Three to six times a week, n (%)	24 (18.6)	4 (6.7)	14 (15.7)	4 (9.7)	46 (14.5)
At least once a day, n (%)	11 (8.6)	3 (5.0)	7 (7.8)	3 (7.3)	24 (7.6)
No answer/I don't know, n (%)	0 (0)	1 (1.7)	3 (3.4)	1 (2.4)	5 (1.6)

Electronic Supplementary Material

Dairy products/milk					
Rarely or never, n (%)	4 (3.1)	6 (10.0)	6 (6.7)	1 (2.4)	17 (5.3)
Once or twice a week, n (%)	5 (3.9)	2 (3.3)	8 (9.0)	2 (4.9)	17 (5.3)
Three to six times a week, n (%)	17 (12.2)	8 (13.4)	15 (16.8)	4 (9.7)	44 (13.8)
At least once a day, n (%)	103 (79.9)	44 (73.4)	59 (67.4)	34 (82.9)	241 (75.6)
Butter/cream					
Rarely or never, n (%)	42 (32.6)	10 (16.7)	17 (19.1)	7 (17.1)	76 (23.8)
Once or twice a week, n (%)	11 (8.5)	6 (10.0)	8 (9.0)	4 (9.7)	29 (9.1)
Three to six times a week, n (%)	11 (8.5)	10 (16.7)	8 (9.0)	4 (9.7)	33 (10.4)
At least once a day, n (%)	65 (50.2)	34 (56.6)	55 (61.7)	26 (63.6)	180 (56.5)
No answer/I don't know, n (%)	0 (0)	0 (0)	1 (1.1)	0 (0)	1 (0.3)
Vegetable oil					
Rarely or never, n (%)	9 (7.0)	6 (10.0)	6 (6.7)	5 (12.2)	26 (8.2)
Once or twice a week, n (%)	24 (18.6)	12 (20.0)	14 (15.7)	2 (4.8)	52 (16.3)
Three to six times a week, n (%)	44 (34.1)	23 (38.3)	33 (37.1)	18 (43.9)	118 (37.0)
At least once a day, n (%)	50 (38.8)	19 (31.7)	31 (34.9)	15 (36.6)	115 (36.1)
No answer/I don't know, n (%)	2 (1.6)	0 (0.0)	5 (5.6)	1 (2.4)	8 (2.5)
Salted snacks					
Rarely or never, n (%)	77 (59.7)	46 (76.7)	53 (59.6)	28 (68.3)	204 (63.9)
Once or twice a week, n (%)	22 (17.1)	9 (15.0)	16 (18.0)	4 (9.7)	51 (16.0)
Three to six times a week, n (%)	21 (16.3)	3 (5.0)	12 (13.5)	8 (19.5)	44 (13.8)
At least once a day, n (%)	8 (6.3)	1 (1.7)	7 (7.7)	1 (2.4)	17 (5.3)
No answer/I don't know, n (%)	1 (0.8)	1 (1.7)	1 (1.1)	0 (0)	3 (0.9)
Sweets					
Rarely or never, n (%)	29 (22.5)	14 (23.3)	20 (22.5)	7 (17.1)	70 (21.9)
Once or twice a week, n (%)	33 (25.6)	16 (26.6)	26 (29.2)	13 (31.8)	88 (27.5)
Three to six times a week, n (%)	26 (20.2)	11 (18.4)	21 (23.6)	8 (19.5)	66 (20.7)
At least once a day, n (%)	39 (30.3)	19 (31.7)	21 (23.6)	13 (31.8)	92 (28.8)
No answer/I don't know, n (%)	2 (1.6)	0 (0)	1 (1.1)	0 (0)	3 (0.9)
Sweetened drinks					
Rarely or never, n (%)	77 (59.7)	40 (66.7)	53 (59.6)	31 (75.6)	201 (63.0)
Once or twice a week, n (%)	14 (10.8)	5 (8.4)	8 (9.0)	3 (7.3)	30 (9.4)
Three to six times a week, n (%)	13 (10.1)	2 (3.3)	6 (6.7)	0 (0)	21 (6.6)
At least once a day, n (%)	24 (18.7)	13 (21.6)	20 (22.5)	7 (17.1)	64 (20.1)
No answer/I don't know, n (%)	1 (0.8)	0 (0)	2 (2.2)	0 (0)	3 (0.9)
Unsalted nuts					
Rarely or never, n (%)	85 (65.9)	37 (61.7)	63 (70.8)	28 (65.9)	212 (66.5)
Once or twice a week, n (%)	18 (14.0)	10 (16.7)	11 (12.4)	5 (12.2)	44 (13.8)
Three to six times a week, n (%)	14 (10.8)	6 (10.0)	4 (4.5)	3 (7.3)	27 (8.4)
At least once a day, n (%)	9 (7.0)	7 (11.7)	7 (7.9)	6 (14.6)	29 (9.1)
No answer/I don't know, n (%)	3 (2.3)	0 (0)	4 (4.5)	0 (0)	7 (2.2)
Alcohol					
Rarely or never, n (%)	60 (46.5)	35 (58.3)	44 (49.4)	30 (73.2)	169 (53.0)
Once or twice a week, n (%)	21 (16.3)	12 (20.0)	17 (19.1)	4 (9.7)	54 (16.9)
Three to six times a week, n (%)	20 (15.6)	5 (8.4)	8 (9.0)	3 (7.3)	36 (11.3)
At least once a day, n (%)	27 (20.9)	8 (13.4)	18 (20.3)	4 (9.7)	57 (17.8)
No answer/I don't know, n (%)	1 (0.8)	0 (0)	2 (2.2)	0 (0)	3 (0.9)

Notes. If not otherwise indicated, all values are presented as absolute frequency (n) and percentage (%).