

Electronic supplementary material

ESM 2. Final assessment of the different therapy options

Simultaneous treatment with IPC and MLD is		The possibility to choose both would be		Optimal option “for me” is		Wellbeing and time management was optimal with	
Very helpful	6	Too much	2	MLD alone	3	MLD alone	6
Helpful	6	Sufficient	14	IPC alone	3	IPC alone	4
No difference	6	Too little	2	MLD and IPC	12	MLD and IPC	8
Total	18	Total	18	Total	18	Total	18