

ESM I: Study sample characteristics of the $N = 343$ (expectant) mothers of infants

	<i>M (SD) / [Min, Median, Max]</i> <i>or N (%)</i>
Age	32.15 (4.72) / [18, 32, 50]
Women with at least one child	281 (82 %)
Number of children	1.48 (0.85) / [0, 1, 5]
Age of youngest child in month	15.60 (10.94) / [0, 13, 50]
Pregnant women	62 (18.1 %)
Primipara	170 (52.19)
Marital status	
Married	240 (70.0 %)
Single, but living with a steady partner	87 (25.4 %)
Single parent	14 (4.1 %)
Registered civil partnership	1 (0.3 %)
Other	2 (0.6 %)
Nationality: German	331 (96.5 %)
Mother tongue: German	329 (95.9 %)
School graduation	
University entrance qualification / High school diploma („Abitur“)	156 (45.4 %)
Advanced technical college entrance qualification. completion of a specialized secondary school	27 (7.9 %)
Secondary school diploma („Mittlere Reife“)	139 (40.5 %)
Elementary school diploma („Hauptschulabschluss“)	15 (4.4 %)
Other	6 (1.8 %)
Occupation	
Employee	227 (66.2 %)

Civil servant	26 (7.6 %)
Worker	24 (7.0 %)
Vocational training / qualification	15 (4.4 %)
Self-employed	6 (1.7 %)
University graduate in the liberal professions	7 (2.0 %)
Other	38 (11.1 % _{valid})
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Subjective socioeconomic state^{a)}	5.87 (1.42) / [1, 6, 10]
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COVID-19 vaccination status	
Completely vaccinated	221 (64.4 %)
Second vaccination required	31 (9.0 %)
No vaccination	91 (26.5 %)
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Already infected with the COVID-19 virus	25 (7.3 %)
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Severe COVID-19 progression in the personal environment	68 (19.8 %)
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Notes: ^{a)} McArthur-Scale: 1 = low to 10 = high