

Electronic Supplement 4. Study sample characteristics ($N = 343$).

	$M (SD) / [\text{Min, Median, Max}]$ or $N (\%)$
Age	32.15 (4.72) / [18, 32, 50]
Women with at least one child	281 (82 %)
Number of children	1.48 (0.85) / [0, 1, 5]
Age of youngest child in month	15.6 (10.94) / [0, 13, 50]
Pregnant women	62 (18 %)
Primipara	170 (52.19)
Subjective socioeconomic state ^{a)}	5.87 (1.42) / [1, 6, 10]
Marital status	
Married	240 (70 %)
Single, but living with a steady partner	87 (25 %)
Single parent	14 (4 %)
Registered civil partnership	1 (0.3 %)
Other	2 (0.6 %)
Nationality: German	331 (97 %)
Mother tongue: German	329 (96 %)
School graduation	
University entrance qualification / High school diploma (“Abitur“)	156 (45 %)
Advanced technical college entrance qualification	27 (8 %)
Secondary school diploma (“Mittlere Reife“)	139 (41 %)
Elementary school diploma (“Hauptschulabschluss“)	15 (4 %)
Other	6 (2 %)
Occupation	
Employee	227 (66 %)
Civil servant	26 (8 %)
Worker	24 (7 %)
Vocational training / qualification	15 (4 %)
Self-employed	6 (2 %)
University graduate in liberal professions	7 (2 %)
Other	38 (11 % ^{valid})
COVID-19 vaccination state	
Completely vaccinated	221 (64 %)
Second vaccination required	31 (9 %)
No vaccination	91 (27 %)
Already infected with COVID-19 virus	25 (7 %)
Severe COVID-19 progression in the personal environment	68 (20 %)

Notes: ^{a)} McArthur-Scale: 1 = low to 10 = high