Supplementary Figure 1. Structural equation model representing the one-dimensional model
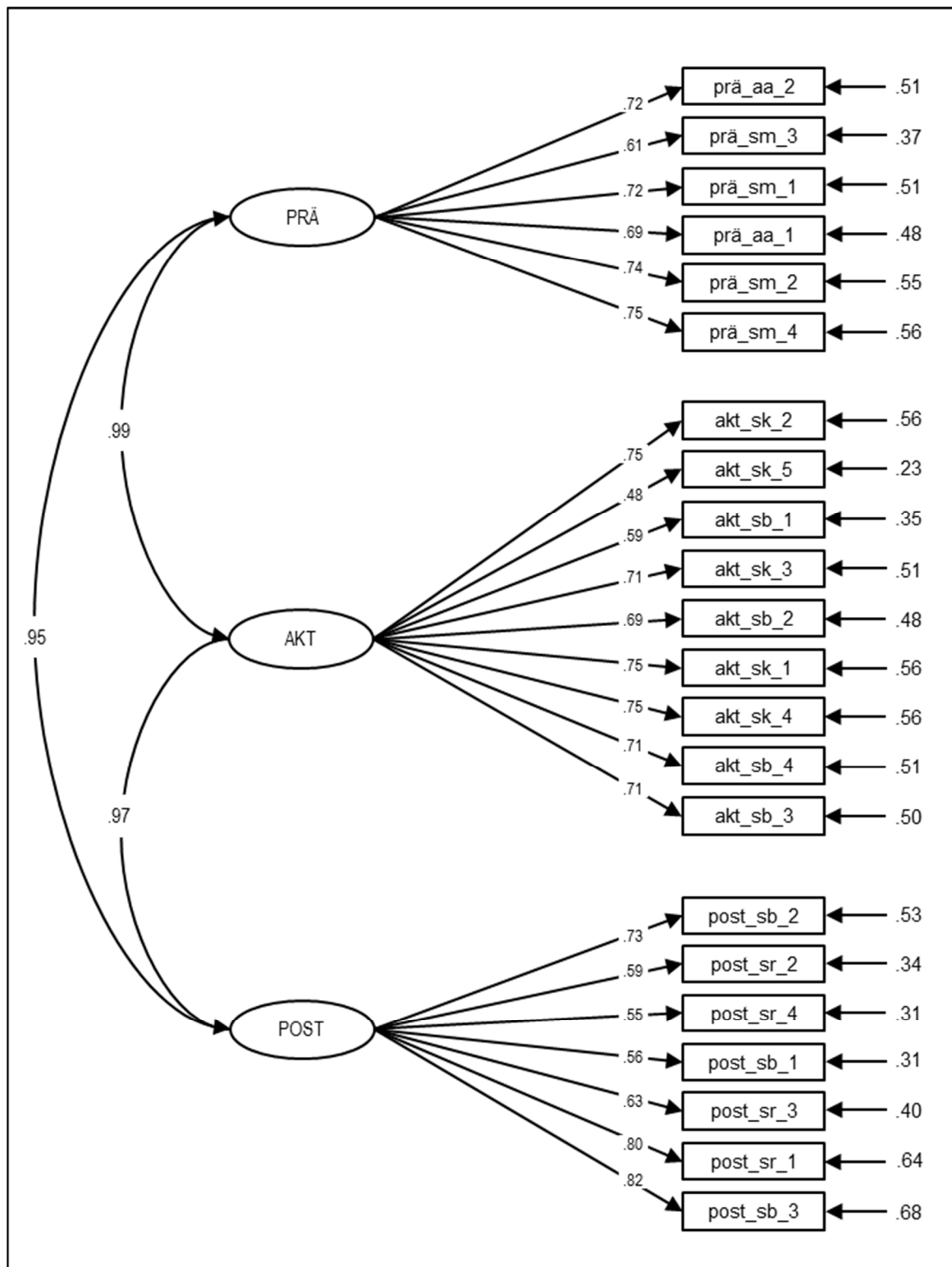
of the SSAW scale (χ^2/df = 6.543, CFI = .865, RMSEA = .092, and SRMR = .05).

Supplementary Figure 2. Structural equation model showing three latent factors representing the three subscales of the SSAW scale (χ^2/df = 5.155, CFI = .905, RMSEA = .079, and SRMR = .045). PRÄ is the forethought subscale, AKT is the performance subscale, and POST is the self-reflection subscale of the SSAW.