

Electronic Supplementary Material 1 for

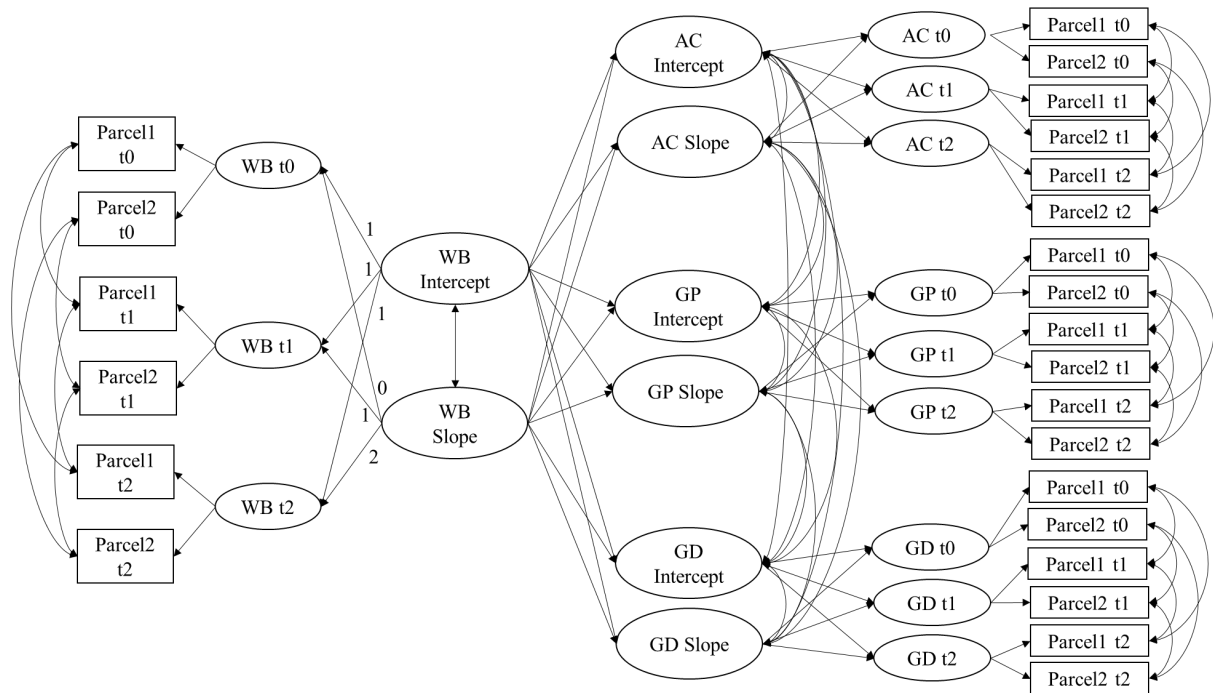
Leipold, B., Loeptien, T., Barbara Loidl, B., & Saalwirth, C. (2023). Goal adjustment and subjective well-being in adulthood: Longitudinal results from a three-wave panel study. *Journal of Individual Differences*. <https://doi.org/10.1027/1614-0001/a000398>

Table E1: *Descriptive Statistics and Correlations Between Study Variables at T0, T1, and T2*

Variable	<i>M (SD)</i>	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.
1. WB (T0)	4.57 (1.16)	.81***	.72***	.47***	.47***	.40***	.01	-.03	-.01	.12*	.17**	.05
2. WB (T1)	4.60 (1.17)	-	.81***	.44***	.50***	.46***	.08	.00	-.02	.08	.20***	.06
3. WB (T2)	4.58 (1.21)		-	.43***	.47***	.54***	.07	-.01	.02	.13*	.23***	.13*
4. AC (T0)	5.13 (0.98)			-	.70***	.64***	.20***	.01	.05	.26***	.21***	.13*
5. AC (T1)	5.13 (0.92)				-	.69***	.17**	.15**	.10	.11	.19**	.09
6. AC (T2)	5.09 (0.95)					-	.13*	.01	.21***	.13*	.15**	.15**
7. GD (T0)	3.63 (1.41)						-	.41***	.38***	-.45***	-.25***	-.29***
8. GD (T1)	3.62 (1.41)							-	.45***	-.27***	-.48***	-.31***
9. GD (T2)	3.79 (1.32)								-	-.29***	-.37***	-.49***
10. GP (T0)	4.56 (1.30)									-	.53***	.58***
11. GP (T1)	4.52 (1.34)										-	.61***
12. GP (T2)	4.48 (1.28)											-

Note. $N = 305$. M = mean, SD = standard deviation, WB = well-being (mean of affective well-being and life satisfaction), AC = accommodative coping, GD = goal detachment, GP = goal pursuit. * $p < .05$. ** $p < .01$. *** $p < .001$.

Figure E1: *Latent growth model*



Note. Intercepts and slopes of facets of goal adjustment are regressed on the intercept and slope of general well-being.