Table E1.
Events and classification.

Category	Event	Proportion
Positive events		
	Getting married, finding a partner o5 falling in love	0.08
	Attending a children or grandchildren's graduation	0.12
	Birth of a child	0.04
	Promotion or income increase	0.05
	Buying a house	0.03
Negative events		
	Severe illness of a love one or important person	0.15
	Ending of an important relationship (divorce or break up)	0.07
	Death of a love one or important person	0.08
	Decrease on income	0.15
	Cut off of basic services due to unpaid bills	0.08
	Employment loss of household head	0.07
	Damage because of an earthquake, fire or flood	0.03
	Drop out because of financial reasons	0.03
	Psychiatric illness (depression, bipolarity, eating disorder, etc.)	0.08
	Not having access to medical care or medicines	0.08
	Drug addiction or alcoholism	0.02

Table E2.
Cross-level interactions with positive events.

VARIABLES	(1) B
Female	0.052*
	(0.025)
Age	0.034***
	(0.007)
Partner status (Ref. Cat.: With couple for 5 years)	
Without partner for 5 years	-0.083*
	(0.041)
Without partner for 1 year	0.110**
	(0.040)
Recent break up	-0.100*
	(0.041)
With partner for 1 year	0.074
	(0.038)
Family relationships	0.133***
	(0.013)
Income	0.141***
	(0.007)
Health	0.437***
	(0.016)
Lifestyle (Ref. Cat.: Exciting)	
Quiet	-0.020
	(0.037)
Boring	-0.491***
	(0.040)
Stressful	-0.625***
	(0.038)
Intergenerational comparison	0.088***
	(0.010)
Positive Events Index	-0.091
	(0.156)
Negative Events Index	0.063
	(0.049)
Female # Positive Events Index	0.049
	(0.041)
Age # Positive Events Index	-0.012
	(0.013)
Without partner for 5 years # Positive Events Index	0.030
	(0.071)
Without partner for 1 year # Positive Events Index	-0.028
	(0.062)
Recent break up # Positive Events Index	0.040
	(0.062)
With partner for 1 year # Positive Events Index	0.088
	(0.060)
Family relationships # Positive Events Index	0.056*
	(0.022)
Income # Positive Events Index	-0.012
	(0.012)
Health # Positive Events Index	-0.018

	(0.026)
Quiet # Positive Events Index	0.117
	(0.060)
Boring # Positive Events Index	0.078
	(0.068)
Stressful # Positive Events Index	0.159*
	(0.067)
Intergenerational comparison # Positive Events Index	-0.007
	(0.019)
SWLS	0.009*
	(0.004)
Declared happiness (Ref. Cat.: Very happy)	
Quite happy	0.057
	(0.057)
Not very happy	0.063
	(0.081)
Not happy	-0.143
	(0.145)
Constant	2.721***
	(0.155)
Observations	25,771
Number of groups	2,164

Note: Robust standard errors in parentheses. Entropy balance included. *** p<0.001, ** p<0.01, * p<0.05.

Table E3.
Cross-level interactions with negative events.

VARIABLES	(1) B
Female	0.088**
	(0.028)
Age	0.032***
	(0.008)
Partner status (Ref. Cat.: With couple for 5 years)	
Without partner for 5 years	-0.057
	(0.046)
Without partner for 1 year	0.123**
	(0.044)
Recent break up	-0.082
	(0.044)
With partner for 1 year	0.108**
	(0.041)
Family relationships	0.125***
	(0.014)
Income	0.130***
	(0.008)
Health	0.412***
	(0.017)
Lifestyle (Ref. Cat.: Exciting)	
Quiet	0.008
	(0.041)
Boring	-0.451***
	(0.045)
Stressful	-0.594***
	(0.042)
Intergenerational comparison	0.078***
	(0.011)
Negative Events Index	0.009
	(0.044)
Positive Events Index	-0.251
	(0.151)
Female # Negative Events Index	-0.037
	(0.044)
Age # Negative Events Index	-0.008
	(0.013)
Without partner for 5 years # Negative Events Index	-0.050
	(0.070)
Without partner for 1 year # Negative Events Index	-0.046
	(0.064)
Recent break up # Negative Events Index	-0.034
	(0.069)
With partner for 1 year # Negative Events Index	-0.035
	(0.063)
Family relationships # Negative Events Index	0.057**
	(0.022)
Income # Negative Events Index	0.014
	(0.012)
Health # Negative Events Index	0.037

	(0.027)
Quiet # Negative Events Index	0.004
	(0.061)
Boring # Negative Events Index	-0.018
	(0.067)
Stressful # Negative Events Index	0.047
	(0.065)
Intergenerational comparison # Negative Events Index	0.019
	(0.017)
SWLS	0.010*
	(0.004)
Declared happiness (Ref. Cat.: Very happy)	
Quite happy	0.015
	(0.056)
Not very happy	0.048
	(0.080)
Not happy	-0.164
	(0.146)
Constant	2.847***
	(0.159)
Observations	25,771
Number of groups	2,164

Note: Robust standard errors in parentheses; *** p<0.001, ** p<0.01, * p<0.05.